



Overall Quality of Health improvements while under chiropractic care

“Maintenance Care: Health Promotion Services Administered to US Chiropractic Patients Aged 65 and Older, Part II,”

Rupert, RL, Manello, D, Sandefur R. JMPT, Val. 23, No. 1, Jan 2000, p. 10-19.

- Reduced nervousness with years of maintenance care as well as
- Reduced symptoms of depression.
- They had 50% less visits to medical providers.
- The patients under maintenance chiropractic care appeared to replace medical management rather than be complementary to medical treatment.
- The need for hospitalization and the high costs associated with that service were markedly reduced for the patient receiving maintenance care.
- Patients also perceived the maintenance services as highly beneficial to prevention and health promotion.