



Overall Quality of Health Improvements Under Chiropractic Care

“A Longitudinal assessment of chiropractic care using a survey of self-rated health wellness & quality of life: a preliminary study”

Mariano MJ and Phillipa ML. Journal of Vertebral Subluxation Research, 3 (2), 1999.

In another study of patients “under care for 5 months, improvements were reported in their

- physical health
- mental/emotional health
- overall wellness
- As with other studies, improvement continued with continued care.
- In other words, there appeared to be no end to the benefits of chiropractic care.”