**Re-Entry Hit List**

 **Scripting Camp – May 20-21, 2022**

When is your 2nd 20 minutes weekly training for scripting? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|   | Dr | CA | Team |
| --- | --- | --- | --- |
| 1 |   |   |   |
| 2 |   |   |   |
| 3 |   |   |   |
| 4 |   |   |   |
| 5 |   |   |   |
| 6 |   |   |   |
| 7 |   |   |   |
| 8 |   |   |   |
| 9 |   |   |   |
| 10 |   |   |   |

**Re-Entry Proclamations**

When to train- \_\_\_\_\_\_\_\_

How to train- \_\_\_\_\_\_\_\_\_

Who to train with- \_\_\_\_\_\_\_\_\_

Write your promises and send a copy (photo) to your AC coach.

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_